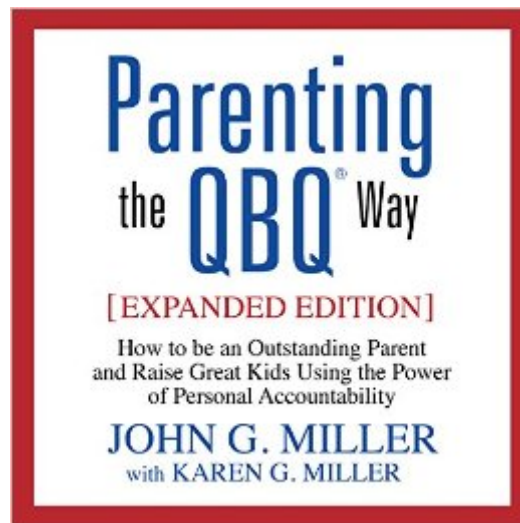


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# Parenting The QBQ Way: How To Be An Outstanding Parent And Raise Great Kids Using The Power Of Personal Accountability



## Synopsis

[\*Read by the authors - John G. Miller and Karen G. Miller] From the authors of the internationally bestselling QBQ! The Question behind the Question comes an inspiring new take on parenting. How often have you heard complaints like these? -Why don't my kids do what I say? -Who made the mess in here? -When will my teen make better choices? These are the kinds of questions parents ask that lead not only to complaining but to victim thinking, procrastination, and blaming. The solution: learn to parent the QBQ way - and bring personal accountability to life within our families. Based on the same concepts that have made John Miller's signature work, QBQ: The Question behind the Question, an international bestseller over the last decade, Parenting the QBQ Way provides a tool called the QBQ - the question behind the question. This valuable tool will help every parent look behind questions such as, why won't my kids listen? or, when will they do what I ask? to find better ones - QBQs - like, what can I do differently? or, how can I improve as a parent? This simple but challenging concept turns the focus - and responsibility - back to parents and to what they can do to make a difference. With thoughtful commentary, observation, and advice and illustrated with the engaging and memorable anecdotes that are the hallmarks of John Miller's previous books, Parenting the QBQ Way provides all moms and dads with the means and inspiration to be more effective parents - as well as teach their children how to practice their own brand of personal accountability - to create a happy, healthy family for a lifetime.

## Book Information

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## Customer Reviews

I just finished reading a fabulous book called, "Parenting the QBQ Way: How to Be an Outstanding Parent and Raise Great Kids Using the Power of Personal Accountability." Now, don't roll your eyes at me. I know we are all "perfect" parents and we have heard and seen lots of books on parenting. However, all I can say about this one is "WOW!" It's a super quick read with some of the best parenting advice and insight I've read anywhere. I know, I know...who has time to read, right? I get it, each chapter is only a couple of pages long so you are able to take in the message and put the book down until you are ready for the next lesson. QBQ stands for the "Question Behind the Question." It's about asking "How" and "What." If we start questions with "Why," "When," or "Who," they lead to "victim" thinking. In the end, we are parents...not victims though sometimes we feel that way! It's turned a lot of my thinking about parenting around and has introduced a novel concept to me, "personal accountability." Truly, once parents (including myself) accept our role in our child's behavior, we will see a change for the better in our homes and families. My favorite quote in the book (and it is full of great quotes) is that "when it comes to my child--I own the result." The other one I love, "Our children become what we expect of them." Thus, using words of encouragement, leading by example, being present for them when they talk to us, and using a loving but firm approach are all methods covered in detail in "QBQ." If you are looking for a summer read at the pool, beach, or in my case, the ice rink, I highly recommend "Parenting the QBQ Way." My book is underlined now and penciled in with my notes or I'd let you borrow mine!

When I first cracked open Parenting the QBQ Way I was expecting another good book on parenting. Instead what I found was a GREAT one! This book contains a powerful, paradigm-shifting philosophy that challenges parents to take responsibility for raising responsible kids. Too often we, as parents, relegate, delegate or abdicate this rare brand of personal responsibility. But in his excellent book John Miller helps us discover how to stop being victims and start being victors when it comes to parenting. This book has the gravitas to transform a couple's parenting style and the real-life, practical truths to equip them to do it right away. As the President of an organization that deals with tens of thousands of teenagers every year I am convinced that parents need to learn how to take responsibility and teach their children to do the same. I whole-heartedly recommend this book to every parent!

I have read QBQ, and love the book!! And I can't wait to get this one and read it. John Miller is the best author for accountability. This is great information to lead your family and be a guide in your life for accountability to each other!! This book is so easy to understand and brings common situations

we face today into the book as examples. This is a must buy if you are struggling with your children, or just in the beginning stages of parenting.

I had read the other QBQ book at work and when I heard there was a parenting one I ordered it right away. Like all parenting books you have to pick and choose what might work within your family. This one has a LOT of good ideas for teaching accountability and personal responsibility.

I thought this book gave great questions to ask ourselves when dealing with our kids. It was a quick, easy to read book. I finished it on a 1 1/2 hour plane ride. I did wish it would have gone into a little more detail with more applicable steps once you ask the questions and get feedback. Overall, I would recommend it.

I really enjoyed this book as it challenged me to shift my paradigm of "why me, why are my kids constantly...." to asking the questions that will get to the heart of the matter. My favorite chapter was called "Family Stress is a choice" and I have gently shared the big concepts with other moms already. When we choose to fill our plates with one more sports activity, volunteer position, extra opportunity or playdate- the choice we're making is in fact business and oftentimes stress. I hear parents all the time play the victim about how their family has no time together, can never share a meal together, and yet they keep on signing up for more! Some things are worthy of giving up family time for personal development of our kiddos and ourselves, but I am extremely selfish with ours and have always felt strongly convicted that my children are the better for it :) Loved this quote, "Stress is nothing but a socially acceptable form of mental illness." The biggest QBQ for me in this chapter was, "How can I find greater joy in just being with my children?" Awesome. I wish some of the questions were grouped by age to help get us started, but overall I learned a lot of great techniques I will carry forward as a mom!

"Parenting the QBQ way" is a very practical read that will help all parents. This book helped us put in place some strategies to help our kids with personal accountability! You will not only benefit from this read, but you will enjoy it as well.

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